

**Prof. ADEL I. Altawaty, MBChB, DCH, CABP, JMHPE**

**Pediatric Gastroenterology  
and Health Professional  
Education**



**Education Consultant  
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**Aoroba County,  
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**House No.297**

**Benghazi, Libya**

## Short Biography

Professor Altawaty is a board-certified Pediatrician and spent most of his working experience in the field of Pediatric Gastroenterology and Medical Education at the Faculties of Medicine of Benghazi University and The Libyan International Medical University. His research and teaching are mainly devoted to clinical research and Health Professional Education (HPE).

Prof Altawaty holds a Master degree with honors on Health Professional Education. His work experience extends to editing publications in scientific journals and he Ex-headed Garyounis Medical Journal and currently he is assistant chief editor of the Libyan International Medical University Journal (LIMUJ). His experience extends also to Health Sector quality where he headed the quality office at Benghazi Medical Center for four years.

Prof. Altawaty co-founded LIMU in the year 2007 and held the Education Provost position at LIMU for years and now he is the Education Consultant for LIMU and member of its executive council. Prof. Altawaty played major roles in “teaching staff” training in Health Professional Education and guided the process of Education across all colleges in LIMU.

## Qualifications

- Arab Board of Pediatrics
  - Diploma of Child Health
  - Bachelor of Medicine and Surgery
  - Joint Master of Health Professions Education
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## Detailed Biography

<b>ACADEMIC TITLE(S)</b>	<b>Prof.</b> of Pediatrics, Consultant Pediatric Gastroenterologist Health Professional Educationist
<b>PLACE OF BIRTH:</b>	El Beida, <b>Libya</b>
<b>DATE OF BIRTH:</b>	March 10 <sup>th</sup> , <b>1961</b>
<b>NATIONALITY:</b>	Libyan
<b>MARITAL STATUS:</b>	Married with 3 children

### ACADEMIC TRAINING AND QUALIFICATIONS:

**M.B,Ch.B**, 1987, Faculty of Medicine  
Al-Arab Medical University, Benghazi, Libya

**DCH**, 1988, Faculty of Medicine,  
Al-Fateh University, Tripoli, Libya

**CABP (MD)**, 1991(Certificate of the **Arab Board of Pediatrics**)

**JMHPE**, 2010 (Joint Master of Health Professional Education)

### PERSONAL ASSOCIATIONS:

- Member of Association of Medical Education of Europe (**AMEE**)
- Ex- Editor -in-Chief “Garyounis Medical Journal” from July 2002-December 2008.
- Reviewer for the Libyan Journal of Medicine (ljm).
- Member of the editorial Board of the Libyan Journal of infectious diseases.
- Ex-Member of the Scientific Committee of Libyan Board of Pediatrics
- Part-time Member of the Quality Assurance Agency of Educational Institutions, Libya
- Assistant chief editor, Libyan International Medical Journal, 2016-onwards

Languages: Arabic, English.

**WORK EXPERIENCE:**

March, 1987-May, 1990

**Senior House Officer** of Pediatrics

June, 1990-November, 1990

Clinical attachment at **Alder Hey Hospital**, Liverpool, UK.

December, 1990-August, 1991

**Registrar** in Paediatrics (Major Gastroenterology)  
Al-Fateh Children's Hospital, Benghazi, Libya

September, 1991-2009

**Consultant** in Pediatrics and Pediatric Gastroenterology  
Children's Hospital, Benghazi, Libya

September, 2005-2006 **Head of**

Gastroenterology services, Children's  
Hospital, Benghazi, Libya

January, 1989-October, 1989

On Loan to Benghazi Center for Handicapped Children  
(Part Time Medical officer)

August, 2009 onwards

**Consultant** in Pediatrics and Pediatric Gastroenterology  
Benghazi Medical Center, Benghazi, Libya

August, 2009-2011

**Head of pediatric Department**  
Benghazi Medical Center, Benghazi, Libya

January, 2012-2016

**Chief quality & risk manager**  
Benghazi Medical Center, Benghazi, Libya

**September, 2010-2023**

Head of pediatric gastroenterology services  
Benghazi Medical Center

**2007**, Member of the foundation group  
Libyan International Medical University (LIMU)

**2007-onwards**  
Member of LIMU Council

**2008-2007**  
In charge of clinical skills lab. (LIMU)

**2009-2014**  
Head of the Medical Education Unit and Central Library  
(LIMU)

**2015**,  
In charge of quality office (LIMU)

**2016-2021**  
Viced-president for educational affairs

**2022-Onwards**  
Education Consultant (LIMU)

**Pediatric Gastroenterology/Hepatology competences (brief description):**

- Long & deep clinical experience and knowledge of the epidemiology of the principal diseases encountered in Pediatric Gastroenterology and Hepatology (PG&H).
- Nutrition skills:
  - Dietary requirements of children.
  - Clinical & biochemical assessment of nutritional status.
  - Theory and techniques of enteral and parenteral nutritional support.
  - Managing Role of nutrition support teams and special therapeutic diets
- Liver biopsy
- Diagnostic and therapeutic procedures required for examination of the gastrointestinal tract and liver:
  - OGD/ diagnostic & therapeutic.
  - Colonoscopy/ diagnostic & therapeutic.
  - Endoscopic procedures: polypectomy, banding, sclerotherapy, esophageal stricture dilatation, extraction of foreign bodies.
  - Breath tests.

**Generic skills:**

- Good communication and counselling techniques.

- Mastering commonly used general software programs used in daily hospital practice.

- Good managerial skills.

- Good research skills.

Excellent teaching capabilities (Qualified Health Professional Educationist) –

**Attitudes:**

- Multidisciplinary approach.

- Compassionate care ○

- Team work

**Medical Education Experience:**

February, 1988-July 1989.

On Loan to Nursing School, Benghazi, Libya

(Part time lecturer)

April, 1991-March, 1992

**Clinical Tutor** in Pediatrics (Part time), Al-Arab Medical University, Benghazi, Libya

April, 1992-March, 1995

**Lecturer** in Pediatrics

Al-Arab Medical University, Benghazi, Libya

April, 1995-March 2001

**Assistant Professor** in Pediatrics, Al-Arab Medical University, Benghazi, Libya

April, 2001-December 2008

**Associate Professor** in Pediatrics, Al-Arab Medical University, Benghazi, Libya

January, 2009-onwards

**Prof. of Paediatrics**, Benghazi University (previously known as Garyounis University & Al-Arab Medical University)

April, 1992-onwards

External Examiner in Pediatrics at Medical faculties of Al-Fateh Medical University, Tripoli, Libya

Al-Tahadi University, Sert, Libya

Sebha University, Sebha, Libya

7th April University, Al-Zawia, Libya

April, 1992-Onwards

Active participant in postgraduate teaching programs for Diploma in Child Health, Libyan Board of Paediatrics and The Arab Board of Pediatrics.

October 2000-June 2001

Sabbatical leave (Pediatric Gastroenterology, Hepatology and Nutrition)

Landeskrankenhaus, Universitätsklinikum Graz  
Universitätsklinik für Kinder und Jugendheilkunde  
A 8036, **Graz**, Auenbruggerplatz 30-**Austria**

October 2003-onwards

Head and founder of the gastroenterology endoscopic services, Al-Fateh Childrens' Hospital, Benghazi, Libya

2007- Onwards:

Examiner for the Libyan Board of Paediatrics

2008-2011:

Local Co-representative of the Medical Royal College of Paediatrics and Child Health (MRCPCCH-part I examinations in Libya)

2008-onwards:

**Head of Medical Education Unit**

LIMU, Benghazi, Libya

2009-2011:

**Head of Pediatric Department**, Benghazi Medical Center (BMC).

2010-onwards: member of the following committees at BMC:

- Disciplinary Committee.
- Morbidity and Mortality committee.
- BMC Bulletin Committee.

Scientific committee of the first BMC International Conference

2012-2023:

**Head of the pediatric gastroenterology services**, BMC.

Supervised Theses:

1- Acute Diarrheal Diseases in Hospitalized

Children in Benghazi, Libya:  
Epidemiology and Clinical Features.  
In partial Fulfillment for the Degree of MSc in  
Laboratory Medicine.  
Ghanim M. Abdulhamed  
Taher IAA (Supervisor)  
**Adel Ibrahim Ahmaida** (Co-Supervisor).

2- Salmonella gastroenteritis in Al-fateh Childrens'  
Hospital, Benghazi, Libya.  
In partial Fulfillment for the Degree of MSc in  
Microbiology, Faculty of Science, Garyounis Univ.  
Aisha Y. Gerged  
Saleh H. Baiu (Supervisor-Faculty of Science)  
**Adel I. Ahmaida** (Co-supervisor).

3- The changing profile of coeliac disease in north-  
eastern Libya. Fariha Mohammed Al-Tobouli, **Adel I.  
Ahmaida**.  
(Thesis for the Libyan Board).

4- Inflammatory Bowel Disease in a Cohort of Libyan  
Children. Sana El-Shaikhi, **Adel I. Ahmaida**. (Thesis  
for the Libyan Board).

5- Clinical characteristics of constipated children  
presenting to gastroenterology clinics at two hospitals in  
Benghazi. Hanan Iswisi Elghadafi, **Adel IA Altawaty**

#### Non-Medical Positions:

November, 1997-2001  
Head of Computer Services Department,  
Al-Fateh Children's Hospital, Benghazi, Libya.

January, 2012- September, 2016  
**Chief Quality & risk management officer Benghazi  
Medical Center**

#### Publications

- 1 **Adel I. Al-Tawaty**, Suleiman M. Elbargathy. **Coeliac Disease in North Eastern Libya**. Annals of Tropical Pediatrics, 1998; 18: 27-30.



- 2 S. I. Bughrara, I.M. Al-Ammari, A.I. Ahmaida-AlTawaty. **HIV seropositive infants diagnosed at Al-Fateh Children's Hospital, Benghazi, Libya.** Garyounis Medical Journal 1997; 18:70-73.
- 3 S.I. Bughrara, A.I. Ahmaida Al-Tawaty. **Hypernatraemia in Benghazi: a changing pattern.** Alexandria Journal of Pediatrics, 1996; 10: 179-182.
- 4 S.I.Bughrara, Adel I. Ahmaida Al-Tawaty, S Al-Ghazal, F Shaboon. **Risk Factors of Hypernatraemic Dehydration.** Jamahiriya Medical Journal 2002;2: 49-5.
- 5 A .I.Ahmaida Al-Tawaty, A.H.Khan, N.I.El-Sharkasi and A.A.El-Buni. **Screening of Cryptosporidium Oocysts in clinically immunocompetent children** Garyounis Medical Journal 2002; 19:26-33.
- 6 Adel Ibrahim Ahmaida Al-Tawaty, Salaheddin Murad El-Fakheri. **Assessment of a Multiple-Choice Questions Examination for a Diploma in Child Health.** Presented at the first meeting on "*Uses of The Computer and The Internet in Medicine and Medical Education*". June 1997, Benghazi, Libya.
- 7 Adel I. Ahmaida Al-Tawaty, Ikdan N. Tobbia. **Light microscopy standards of normal Jejunal mucosa of Libyan Children.** Presented for publication in Garyounis Medical Journal (Presented at the 5<sup>Th</sup> pediatric conference, Libya, Tripoli.
- 9 IAA Taher, M Ghanim, Adel I.A.Al-Tawaty, RS Tobgi, M.B. EL-Arabi (2000). **"Rotavirus gastroenteritis in Benghazi-Libya"**. Clinical Microbiology and Infection, volume 6 supplement 1, 27. Presented in the Fourth Jamahiriya Medical Sciences Conference, 1-4/11/1998, Benghazi, Libya.
- 10 Mohamad MA, Qasim M, Bughrara SI, Ghanim M, Taher IAAA, Al-Ammari IM, Adel I. Ahmaida. **Role of C-Reactive Protein in differentiating bacterial from non-bacterial acute diarrhea.** Garyounis Medical Journal 2003; 20 (2):13-15
- 11 Adel I.Ahmaida.Al-Tawaty **"Viral hepatitis in a group of HIV-infected Libyan Children."** Presented at the first symposium on viral hepatitis, 28-29/11/1999, Benghazi, Libya
- 12 Adel I.Ahmaida, Jamal M. Al-Obaidi, Awad Budejaja, Idris M. Al-Ammari, Mohamed Bushaala, Mehdi Al-Mehabrash. **An epidemic of HIV infection at Al-Fateh Children's Hospital, Benghazi, Libya.** Presented at a meeting in Tripoli, Libya, 2000.
- 13 Ursula Goriup, Johann Deutsch, Adel I Ahmaida. **Relationship between amount of caloric intake and pediatric Crohn's disease activity index.** Presented at the annual meeting of the Austrain society of gastroenterology.

- 14 Weber-Mzell D, Kotanko P, Hauer AC, Goriup U, Haas J, Lanner N, Erwa W, Ahmaida IA, Haitchi-Petnehazy S, Stenzel M, Lanzer G, Deutsch J. **Gender, age and seasonal effects on IgA deficiency: a study of 7293Caucasians.** Eur J Clin Invest. 2004 Mar;34(3):224-8.
- 15 **SARS Reference -5/2003 by Kamps-Hoffman (editors)**  
Translated into Arabic by: Adel I. Ahmaida Al-Tawaty and Abdunnasser Y. Elzouki. Publisher: National Institute for Scientific Research  
ISBN: 9959-818-33-0
- 16 Aisha Y. Gerged, Saleh H. Baiu, Adel I. Ahmaida. **Multi-drug resistant salmonellosis in Al-Fateh Childrens' Hospital, Benghazi, Libya.** GMJ 2004; 21(2).
- 17 Ahmaida AI, Al-Tobouli FM. **Celiac Disease in Libya: a changing pattern.** Presented at the 1<sup>st</sup> Congress of the Libyan Society of Gastroenterology and Hepatology & the 12<sup>th</sup> Congress of African association for Study of Liver Diseases. October 9-11, 2008, Tripoli, Libya.
- 18 Ahmaida AI, Al-Shaikhi SA. **Childhood Inflammatory Bowel Disease in Libya: Epidemiological and Clinical Features.** Libyan J Med, AOP: 081210.
19. Kamla Alarida, Juma Harown, Adel Ahmaida, Luisita Marinelli, Cinzia Venturini, Graziano Kodermaz, Renato Tozzoli, Alessandra Mandolesi, Italo Bearzi, Carlo Catassi. **Coeliac disease in Libyan children: A screening study based on the rapid determination of anti-transglutaminase antibodies.** Digestive and Liver Disease 43 (2011) 688– 691.
- 20 Al-tawaty A I A, El-Mansoury A M and El-Naas N A. **Effect of debriefing guide on student perceptions of tutor performance in problem-based learning.** *MedEd Publish* [www.mededworld.org](http://www.mededworld.org). 2013.
- 21 Garoushi SK, Taher SM, Al-Tawaty AI (2014). **Dental Students Perception and Attitude Towards their First Exit Objective Structured Clinical Examination.** Dentistry 4: 243. doi:10.4172/2161-1122.1000243.
22. **Integrating Pharmacy Practice into First Year PharmD Curriculum.** Salma A. Bukhatwa, Iman Albousify, Elzahraa Buzriba, Huwida Khatab, Nairuz Alathram, Asma Buanz, Hana Habib, Marium Saleh, Amna Bugrain, Ruwida Sinini, Esra Elnaili, Nazek Buoud, Abdulla Elmugassabi, Tamer Elfaidi, Samah E. Elnoor, Mohamed Baraka,

Mohamed Moustafa, Ibrahim Labouta, Mohamed S. Ambarak, Adel I. Tawaty, Mustafa M. Elfakhri. Presented at the 1<sup>st</sup> Libyan Conference on Pharmacy Practice. 29-30 July, 2017., Benghazi, Libya.

23. Altawaty AIA, Ambarek M S. **University-wide implementation of problem-based learning**. Libyan International Medical University Journal, 2020; 5(1):19-23.

Meetings, Conferences and workshops attended/(Delivered) over the last 5 years:(Partial list)

1- **Liver pathology course**. Chronic Hepatitis and its complications: Clinico-pathologic correlates. 10<sup>th</sup> of Sept. 2006.

At the biennial meeting of the International Association for the study of the liver (IASL) in collaboration with the African Association for the Study of Liver Diseases (AfASLD). Cairo-Egypt

2- **Cochrane Hepatobiliary Group and IASL course on evidence-based clinical Practice**.

11<sup>th</sup> Sept. 2006, Cairo-Egypt.

3- Workshop on “**Assessment of Examiners**”, 7<sup>th</sup> May, 2007. Tripoli-Libya. Organized by Libyan Board for Medical Specializations and University College of London.

4- **Participant in TIPS-1 course** (Teaching Improvement Project System). 5<sup>th</sup> & 6<sup>th</sup> of May, 2006, Benghazi, Libya

5- **Observer** at **TIPS-1** course held in Tripoli, Libya in Nov. 2007

6- **Facilitator/Instructor** for TIPS-1 course held in Benghazi, Libya in Jan. 2008

7- **Facilitator/Instructor** at **TIPS-1** course held at university college of London, London, UK, Feb. 2008.

8- 1<sup>st</sup>, 2<sup>nd</sup>, 5<sup>th</sup> and 6<sup>th</sup> annual Pediatric meetings, Tripoli, Libya.

9- **Middle East and Africa Summit on Hepatitis**, November 20 – November 21, 2008  
Dubai, UAE.

10- **International Congress of Pediatric Hepatology, Gastroenterology and Nutrition**, 15<sup>th</sup>-18<sup>th</sup> Oct. 2008. Sharm el Sheikh, Egypt.

Organized by the International society for medical specialties.

- 11- The 1st congress of the Libyan society of gastroenterology and hepatology (LSGH) **and** the 12<sup>th</sup> congress of the African Association for the Study of Liver Diseases (AfASLD). As an **invited speaker**. Title: “**celiac Disease in Libya: where about?**”
- 12- Workshop on Pediatric gastroenterology. 15<sup>th</sup>-17<sup>th</sup> June, 2008. El-Beida, Libya. As **invited speaker**. Title:” **Autoimmune Hepatitis in Children**” .Jointly organized by Medical faculty, Omer El-Mokhtar Univ. Libya **and** Ancona University, Italy.
- 13- **Workshop on management of variceal bleeding** (hands on training Course). Nov.2006, Mansoura Childrens’ Teaching Hospital, Egypt.
- 14- **Instructor for Pediatric Basic Life Support** course organized for Libyan Aid Agency, Benghazi, Libya. 16-25<sup>th</sup>, June, 2008.
- 15- **2<sup>nd</sup> international Pediatric Gastroenterology Training course**, 19-24<sup>th</sup>, Nov. 2005, Mansoura Childrens’ Teaching Hospital, Egypt.
- 16- 1<sup>st</sup> International Middle east symposium “ **Nutrition and its impact on the immune system of infants**”. 9<sup>th</sup>. Nov. 2006, Cairo, Egypt. Organized by Nutricia.
- 17- **Problem-based learning**. A 2-day workshop 15-16/March, 2009 instructed by a team from Suez Canal University at Libyan International Medical University, Benghazi, Libya
- 18- **12<sup>th</sup> Postgraduate course on gastroenterology & hepatology**. Cairo, Egypt, 2010
- 19- **12<sup>th</sup> International workshop on Therapeutic endoscopy**. Cairo, Egypt, 2010.
- 20- **Workshop on healthcare quality**. 1-5, April, 2012. Benghazi Medical Center.
- 21- **Participated as a lecturer in a number of workshops on (New Model of educational Institution quality assessment)**.
- 22- Chaired the Scientific Committee of the Medical Education Conference, 30/1101/12/2019. The Libyan International medical University, Benghazi, Libya.
- 23- AMEE 2020 Virtual Conference 7-9 September, 2020.
- 24- TUFH EMRO -23 virtual regional conference, 04&11&18 March-2023.